



COVID-19 Resources for People with Disabilities
March 30, 2020

Department of Health and Senior Services website

<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

24 hour hotline 877-435-8411

Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Promoting Financial Health and Resiliency for People with Disabilities and Their Families During the COVID-19 Pandemic

<https://www.nationaldisabilityinstitute.org/wp-content/uploads/2020/03/financial-resiliency-tips.pdf>

Missouri Attorney General's Office – Consumer Protection Hotline

Hotline number is 800-392-8222

<https://ago.mo.gov>

CDC Mental Health & Coping - Managing Stress & Anxiety

https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fco

Administration for Community Living – Information for Older Adults and People with Disabilities

<https://acl.gov/COVID-19>

Job Accommodation Network – Resources for Workplace Accommodations

<https://askjan.org/topics/COVID-19.cfm>

APSE – Association of People Supporting Employment First

<https://apse.org/covid-19-apse-updates/>

American Network of Community Options and Resources

Finding a career as a Direct Support Professional

<https://www.ancor.org/DSPcareers>

US Department of Labor, Office of Disability Employment Policy (ODEP)

<https://www.dol.gov/odep/topics/Novel-Coronavirus-Information-Resources.htm>

Communication Service for the Deaf / Connect Direct Coronavirus Hotline & Resource Center

<https://www.csd.org/coronavirus>



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SARTAC Self Advocacy Resource and Technical Assistance Center

COVID-19 Information by and for individuals with disabilities in plain language

<https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf>

Mental Health Resources

The National Council for Behavioral Health

<https://www.thenationalcouncil.org/covid19>

Substance Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress Helpline

800-985-5990

National Suicide Prevention Lifeline

800-273-8255

Mental Health First Aid Crisis Text Line

Message MHFA to 741741 to talk to a Crisis Text Line counselor