

# BE THE SPARK

Supporting People with developmental disabilities through Advocacy, Resources, and Kindness

JCBS NEWSLETTER | SEPTEMBER 2022 EDITION



## Summer 2022 Review

Where did the summer go?! Seriously, it went by too fast! Let's review what JCBS and our Foundation have been up to!

Our Executive Director, Melissa Frey, presented at Mix, Mingle, and Manifest which is an event through Warrensburg Chamber of Commerce. She told the story of her sister, Tammy, and explained how Tammy is the reason why she chose JCBS. You can view that video on our Facebook page! Next, our Community Resources & Outreach (CRO) department attended many local events such as the JCCH Block Party, Holden Back to School Resource Fair, and the MVCAA Back to School Fair. Fall continues to be a busy time for the CRO department as they will be attending Get the Red Out and participating in Crisis Intervention Training (CIT) with First Responders.

Our Foundation hosted their 2<sup>nd</sup> annual Summer Foam Party, which was a huge hit! The Foundation is currently working on one more fundraiser for the year, their Year-End-Giving Campaign.

## COMMUNITY SPOTLIGHTS

Page 2 – Learn more about the Donor/Sensory wall at Cave Hollow!

## CTLC TOOLS

Page 3 – Mapping Relationships, thinking about the future.

## LOCAL EVENTS

Page 3 – Stay updated on all JOCO MO upcoming events!



# Letter from the director

According to Mark Johnson, Co-Founder of Michigan Labs, these are the top six signs of a great work culture:

1. **People are laughing a lot** – At JCBS, we work hard, but we also like to have fun. I mean, have you checked out our TikTok account? For some good laughs, you definitely should!
2. **People have a great work/life balance** – One of the best pieces of advice I've ever received is, "If your staff has to continuously and consistently work overtime, it is time to hire an additional employee."
3. **People make friends at work** – This does not necessarily mean hanging out after work. Do our employees feel like we care about them and their personal lives? I believe so!
4. **People feel like they can ask for help** – Our leadership works hard to promote, "it's OK to make mistakes" and value the request for helps as a way to solve a problem for the benefit of the team and the individuals we serve.
5. **People feel comfortable giving and receiving feedback** – We use author Kim Scott's term, 'radical candor' when giving and receiving feedback.
6. **People can describe the culture** – At a recent, all-staff strategic planning session, I asked the team to describe our culture and here are a few of their responses:

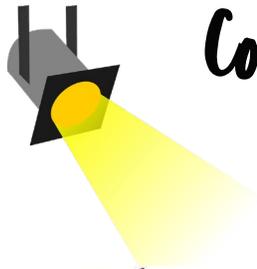
*"Our culture is founded on support – supporting our families, our individuals, and each other. We truly care about what we do and know the toll it can take on us. We want what is best for each of us and we provide that support!"*

*"Having high standards, yet supporting others in meeting those standards. JCBS' culture is rich in kindness, support, and understanding."*

*"Everyone is very open, accepting, and willing to help when needed. Work issues are always solved and the team has your back no matter what."*

*"We have a fun work culture, but we also have high expectations. We work hard and play hard."*

In closing, I'm proud of our team, the culture we've built and our mission: SPARK, Supporting People with Developmental Disabilities through Advocacy, Resources, and Kindness.



# Community Spotlight



This year, JCBS met with Warrensburg Parks & Recreation to discuss the building of the donor/sensory wall at the Cave Hollow Inclusive Park. We presented a potential design to the Warrensburg Parks & Recreation Board of Directors and from that meeting we started to develop timelines for the wall build. The wall building started on August 18<sup>th</sup> with help from the City of Warrensburg. Gator Graphics will be designing and installing the donor plaque.

None of this would have been possible without Scott Holmberg. He has helped every step of the way and has become the unofficial engineer. We also want to thank Hannah Beatrix Clark. You may not know her name, but many of you have seen her work. If you walk downtown and see the beautiful waterfall mural on steps, that is all her! This project is very special to us, and it has helped us create wonderful community partnerships. We will never be able to fully express the appreciation we feel.



# Charting the LifeCourse: Mapping Relationships

You might be wondering, why we talk about Charting the LifeCourse (CtLC) so often? It's because it helps transform organizations, it helps individuals advocate for themselves, it helps professionals prompt discussions about services/resources, and so much more.

If you follow our social media, you know that we have started filming a series of videos that allows our community to get to know our individuals and their families. One of the questions we ask is, "What is your biggest fear?" The answer is usually a question along the lines of, "Who is going to take care of my loved one when I'm gone?"

We have found the Mapping Relationships tool can help prompt this discussion. The first column prompts you to identify who helps right now and the next column helps you identify who would be a good support in certain areas, in the future.

MAPPING RELATIONSHIPS			
CARING ABOUT	Who serves in this role now?	Looking Ahead	Next Steps
Shares Love, Affection and Trust			
Spends Time and Creates Memories Together			
Knows about Personal Interest, Traditions, Cultures			
CARING FOR	Who serves in this role now?	Looking Ahead	Next Steps
Supports Day-to-Day Needs			
Ensures Material and Financial Needs are Met			
Connects to Meaningful Relationships and Roles			
Advocates and Supports Life Decisions			

Developed by the Charting the LifeCourse Nexus - LifeCourseTools.com  
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The last column helps you keep track of what steps you need to complete next. Have you notified these possible supports? If you are unable to identify the supports, you may need to note that you'll speak to your TCM about possible resources. This topic is difficult, but the more prepared you are, the better.

For more information:  
<https://www.lifecoursetools.com/lifecourse-library/exploring-the-life-stages/>

## UPCOMING

**EVENTS** Check Out Johnson County's Upcoming Events!

**Sept. 08** **Get the Red Out!**  
 Join us at the UCM campus for FREE family fun including:  
 • Games for all individuals  
 • Dozens of local organizations and vendors  
 • Food trucks  
 • A performance by the UCM Drumline

**Sept. 24** **Buckeye Acres Pumpkin Patch Season**  
 Stay tuned on the Buckeye Acres Facebook page for more information about upcoming special events

**Oct. 7 & 8** **Burgfest**  
 Burg Fest is Downtown Warrensburg's annual two-day street fair brought to the community by Warrensburg Main Street every first full weekend in October. Our family-filled, pet-friendly, community event includes live music, entertainment, children's activities, a classic car show, beer gardens, artisan, craft, and informational booths, and tons of food options.



## JCBS Resource Directory

Check out our resource directory!

<https://www.jcbs.com/resource-directory/>

## Contact US

<https://www.jcbs.com/our-team/>

## Missouri Family to Family Good Life Classes

Missouri Family to Family offers many different Good Life Classes, ranging from educational classes, to support groups, and to groups who are just wanting to relax and meet new people. Follow the link below to see the upcoming Good Life classes! These classes are all free and we encourage our individuals and families to attend!

<https://mofamilytofamily.org/events/>

## Charting the LifeCourse Tools

Charting the LifeCourse is designed to be used for your own life, for your family members, or in the work you do. The framework and tools will help you organize your ideas, vision, and goals, as well as problem-solve, navigate, and advocate for supports.

<http://www.lifecoursetools.com/>

# Public Notice

Quarterly Board Meetings are held via Zoom or in person at the Johnson County Board of Services office at 200 N Devasher, Warrensburg, MO 64093 on the third Tuesday of that month.

For questions, please contact [ehargrave@jcbs.com](mailto:ehargrave@jcbs.com).

**2022**

February 22nd, 2022

May 17th, 2022

August 16th, 2022

November 15th, 2022

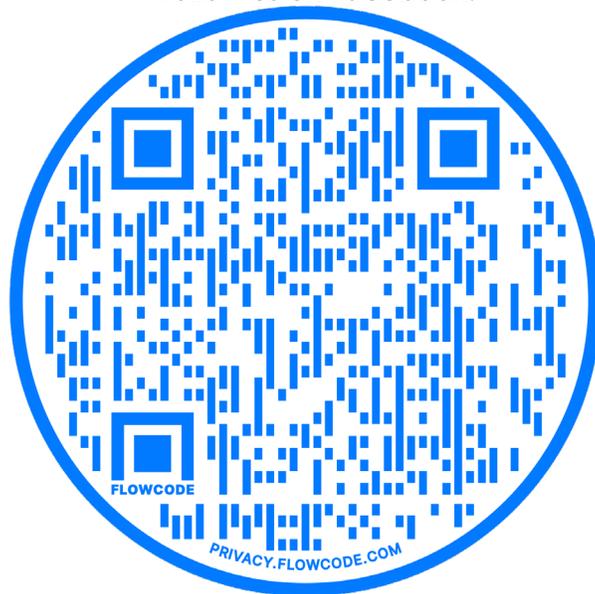
## Need help with Medicaid?

Contact Liz Hargrave

[ehargrave@jcbs.com](mailto:ehargrave@jcbs.com)

(660) 240-3343 EXT 708

Follow us on Facebook!



## Targeted Case Management Satisfaction Survey

### Identification of Researchers:

This survey is being done by the Johnson County Board of Services.

### Purpose of the Survey:

The purpose of this survey will help JCBS improve our services to the individuals we serve and their families.

### Request for Participation:

We are inviting you to participate in a survey on the Johnson County Board of Services. It is up to you whether you would like to participate. If you decide not to participate, you will not be penalized in any way. You can also decide to stop at any time without penalty. If you do not wish to answer any of the questions, you may simply skip them. If you wish to withdraw, please close the browser before submitting, at the end of the survey. Once you submit the survey, we will keep the information you provided confidentially.

### Privacy:

All of the information we collect will be kept confidential. Your confidentiality will be maintained to the degree permitted by the technology used. Specifically, no guarantees can be made regarding the interception of data sent via the Internet by any third parties.

### Explanation of Risks:

Completing this survey will NOT negatively affect your services.

### Explanation of Benefits:

Completing this survey will help provide feedback for JCBS.

### Questions

If you have any questions about this survey, please contact Melissa Frey at [mfrey@jcbs.com](mailto:mfrey@jcbs.com).

This survey takes approximately 5-10 minutes to complete

Don't forget to tell us how we are doing! Complete our now online TCM Satisfaction Survey!

[shorturl.at/qtwn8](http://shorturl.at/qtwn8)