# BE THE SPARK

MAY 2025 | EDITION





### THANK YOU TO OUR SPONSORS

We want to give a big thank you to the amazing sponsors who stepped up to support our Bright Sox Softball League this season. Because of their generosity, we're able to keep the league free for our athletes, provide equipment, and ensure a fun experience for all.

### A heartfelt thank you to:

The Morrisseys, Center for Human Services, Lifetime Animal Center, TC Transcontinental, UCM Alumni Foundation, Fiedler Electric, Soderburg Roofing, Nomad Foundation LLC, L & L Termite and Pest Control, Lewis Ground Maintenance, APC Tax, Robert Taylor Insurance, and Abilities LLC.

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**PAGE 3** – MENTAL HEALTH MONTH



Supporting People with developmental disabilities through Advocacy, Resources, and Kindness!



# **Game Schedule**



Monday, May 12th Monday, May 19th Monday, June 2nd Monday, June 9th Monday, June 16th Monday, June 23rd

Rain Out Dates
To Be Determined As
Needed

We're gearing up for another fun season of Bright Sox! If you've never participated in our league, here are a couple things to know.

#### **Coach Meet & Greet**

Before the season starts, we'll host a Coach Meet & Greet (date TBA!) where players can meet their coaches and pick up their Bright Sox shirts.

### **League Basics**

This league is all about fun! Everyone hits, everyone runs, and everyone plays. Each game lasts about an hour, and it's designed to be supportive, laid-back, and exciting for athletes of all ages.

We can't wait to see our players on the field!



Thank you so much to everyone who joined us for our JCBS Listens event. This year's session was a great success, and we were thrilled to welcome a wide range of voices—including individuals and families we serve, local provider agencies, and representatives from our city government. Your input, presence, and participation made the conversation stronger, more thoughtful, and more impactful.

Your stories matter. Whether you shared a concern, a hope, or a suggestion—you helped paint a clearer picture of what's working in our system and where improvements are needed. From transportation barriers to service gaps to big-picture advocacy needs, we heard you.

Right now, we're compiling all of the feedback we received so we can share it back with the community in meaningful ways. We'll be posting key takeaways on our social media, and we'll also be sending a summary to our provider partners so they can use that insight to improve and tailor their services.

You might even see this information show up at a city council meeting soon-because the issues raised at JCBS Listens don't just affect our agency, they affect the entire community. And we want to make sure local leaders know what you're experiencing.

Thank you again for being part of this work. Your honesty, your input, and your partnership are helping us create a stronger, more inclusive Johnson County-one where individuals with developmental disabilities and their families are seen, heard, and supported.



In April, we hosted a laid-back Easter event for the individuals and families we serve, and it was such a great time. From painting and crafts to a couple of fun egg hunts, we really enjoyed spending the afternoon together.

It was a chance to catch up, laugh, and just enjoy the moment with our community. We're so glad so many families were able to join us, and it's definitely something we'd love to do again next year.

May is Mental Health Awareness Month—a reminder that mental wellness is important for all of us. At JCBS, we know that individuals with developmental disabilities often face unique challenges that can impact their emotional and mental health. From navigating everyday routines to feeling included and understood, support matters.

That's why mental health is something we think about every day—not just in May. Whether it's helping someone access therapy, funding a sensory item that helps reduce stress, or just taking the time to listen, we believe small things can make a big difference.

Mental health support doesn't have to be complicated. Sometimes, it starts with making space for people to feel seen, heard, and valued.

# May is Mental Health Awareness Month



# Resources

Contact us

www.jcmbs.com/our-team/

**Missouri Family to Family -**A Statewide Resource Center

www.mofamilytofamily.org

**Charting the LifeCourse Tools** Charting the LifeCourse is a framework designed to help you organize your ideas, vision, and goals, as well as problemsolve, navigate, and advocate for supports.

www.lifecoursetools.com

# **Public Meeting Notice**

Quarterly Board Meetings are held via Zoom or in person at the Johnson County Board of Services office located at 200 N Devasher, Warrensburg, MO 64093. Meetings are held quarterly on the third Tuesday of that month. Meeting dates are subject to change with notice. Please see our website for meeting information:

JCMBS.COM/PUBLIC-NOTICE/

May 13th, 2025 August 19th, 2025 November 18th, 2025



# **Targeted Case Manager Satisfaction Survey!**



## **Targeted Case Management Satisfaction Survey**

Identification of Researchers: This survey is being done by the Johnson County Board of Services.

The purpose of this survey will help JCBS improve our services to the individuals we serve and their families

It is up to you whether you would like to participate. If you decide not to participate, you will not be penalized in any way. You can also decide to stop at any time without penalty. If you do not wish to answer any of the questions, you may simply skip them. If you wish to withdraw, please close the browser before submitting, at the

All of the information we collect will be kept confidential. Your confidentiality will be maintained to the degree permitted by the technology used. Specifically, no guarantees can be made regarding the interception of data permitted by the technology used. Specifi sent via the Internet by any third parties.

Explanation of Risks: Completing this survey will NOT negatively affect your services.

Explanation of Benefits: Completing this survey will help provide feedback for JCBS.

If you have any questions about this survey, please contact Melissa Frey at mfrey@jcmbs.com.

Don't forget to tell us how we are doing! Complete our now online TCM Satisfaction Survey! **Click Here for Survey**